



FOR IMMEDIATE RELEASE

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**Food for the Hungry Announces  
Sunday Sponsored Child Letter Writing Club**  
*These five tips making writing #sponsoredletters a snap*

PHOENIX (July 2, 2015) – Food for the Hungry is excited to launch a Sunday sponsored child letter writing club. The club was formed to encourage sponsors to write to their sponsored children on the first Sunday of each month.

Food for the Hungry child sponsors can send letters through the FH.org website or to the following address:

Food for the Hungry  
Attention: Child Sponsorship Department  
1224 E. Washington Street  
Phoenix, AZ 85034

Writers should include the child's sponsorship ID on the envelope and on any enclosed materials, to ensure delivery to the right child. There is no need to worry about translation, as the FH team in each overseas community will translate the letter into the local language.

For sponsors who aren't sure where to begin, we've put together five tips for writing letters to sponsored children.

**1. Your Letters Can Be Short**

Your letters don't have to be too long. Short letters and cards are appreciated by your sponsored child and are easy for our field staff to translate. Avoid slang in your letters. Most of our translators speak English as a second language, so using simple phrases will help the message reach your sponsored child.

**2. Talk about Your Life**

It's exciting to receive pictures from the communities our sponsored children live in and to hear stories about their lives. Likewise, sponsored children want to learn more about you. Write stories about your life, how you celebrate holidays, stories from your childhood, simple games

you play together, or talk about your hobbies. Avoid talking about material possessions. Here are a few ideas you can write about in your letter:

- How you celebrated a recent holiday
- A story from your childhood
- Recent accomplishments of your kids in school
- A recent sports game your kids played in
- A hobby such as hiking, swimming, or sports
- Your favorite sports team
- Describe your family

### 3. Ask Questions

Life in sponsored communities is much different in many ways, and quite similar in others. Explore your sponsored child's culture with open-ended questions such as:

- What games or sports do you like to play?
- What is a typical day like for you?
- What is your favorite subject in school?
- Who are the people that live with you?
- What are some of the things you like to do throughout the day?
- Where are some of your favorite places?
- What is your favorite food?

### 4. Fun Things to Send Sponsored Children

There are many things you can send through the mail to your sponsored children besides letters. You can have fun by sending things like:

- A thin coloring book
- Photographs of your family
- Origami and instructions
- Paper airplanes
- Post cards
- A small photo puzzle

### 5. Encourage Your Sponsored Child

Over time, you'll develop a relationship with your sponsored child and see areas she's improved in. Encourage this development in your sponsored child, by commenting on the following suggested topics:

- Handwriting
- Drawing skills
- Grades in school
- Sports

Encouraging your sponsored child will help build self-esteem and hope. Sponsors are encouraged to share pictures, drawings, and letters of themselves writing letters on Instagram, Facebook, Twitter and Pinterest with the hashtag #sponsorletters.

*Founded in 1971, Food for the Hungry provides emergency relief and long-term development programs with operations in more than 20 countries to help the world's most vulnerable people. Learn more by visiting [www.fh.org](http://www.fh.org). Social connections include [www.facebook.com/foodforthehungry](https://www.facebook.com/foodforthehungry) and [www.twitter.com/food4thehungry](https://www.twitter.com/food4thehungry).*

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